# **Academic Achievement Center (AAC)**

## Courses

#### AAC 100 Study Skills (1 Hour)

This self-instructional course is designed to improve students' ability to study efficiently. Based on the results of a study skills survey administered during the student's initial visit to the center, an individualized program is established. Using instructional material provided by the AAC, students will master a variety of concepts, including time management, goal setting, textbook reading, note taking from textbook and from lecture, stress management, test taking and using college resources. An Academic Achievement Center instructor is available to work with the student to establish specific instructional goals, administer tests, and provide individualized instruction as it is needed to complete the student's program. This course does not fulfill degree requirements and is not federal aid eligible. 20 hrs./semester.

#### AAC 101 Study Skills Mini-Course (1 Hour)

This class is a regularly scheduled class designed to improve students' ability to study efficiently. The focus is an array of skills the college student needs, i.e., test-taking skills and note-taking skills, using a textbook, critical reading and memory recall, and effective listening and classroom strategies. Also covered are services the college offers to facilitate the learning experience for the college student, i.e., the Writing Center, the Math Resource Center, the Academic Achievement Center, the Student Success Center and the Billington Library. The format includes reading, discussion and application activities. This course does not fulfill degree requirements. This course does not fulfill degree requirements and is not federal aid eligible.

#### AAC 102 Basic Spelling (3 Hours)

This self-instructional course is for students who wish to improve their spelling ability but who have not been successful in the traditional spelling program. This course provides a highly structured approach to spelling improvement through mastery of morphographs (units of meaning) and guidelines for combining morphographs. A limited number of spelling rules are taught in the course. This course is ideal for students for whom English is a second language. An Academic Achievement Center instructor is available to work with students to establish specific goals, administer tests, and provide individualized instruction as needed to complete the students' program. This course does not fulfill degree requirements and is not federal aid eligible. 16 hrs./semester.

## AAC 106 Vocabulary Development (1 Hour)

This self-instructional course is designed for college students who wish to expand both their receptive and expressive vocabulary levels. College students are expected to be able to recognize and use vocabularies specific to specialized and changing contents, i.e., data processing, sociology and business. A vocabulary placement test will be administered to determine a starting level. Instructional material provided by the AAC includes Latin and Greek derivatives, specialized vocabulary, stated and implied meanings as well as the process of acquisition (context clues, etymology and derivatives). An Academic Achievement Center instructor is available to work with the student to establish specific instructional goals, administer tests and provide individualized instruction as needed to complete the student's program. This course does not fulfill degree requirements and is not federal aid eligible. 20 hrs./semester.

#### AAC 112 Basic Math Review (1 Hour)

This self-instructional course is designed for students who need to learn or review basic mathematical concepts. Based on the results of a pretest administered during the student's initial visit to the Center, an individualized program is established. While one student may begin the program with multiplication facts, another may begin with solving proportions or equations. Instructional material is provided by the AAC. An Academic Achievement Center instructor is available to work with the student to establish specific instructional goals, administer tests and to provide individualized instruction as needed to complete the student's program. This course does not fulfill degree requirementsand is not federal aid eligible. 20 hrs./semester.

## AAC 113 Algebra Preparation (1 Hour)

This self-instructional course is designed for students who possess basic math skills and want to learn basic concepts in algebra. Based on the results of a pretest administered during the student's initial visit to the center, an individualized program is established. Using instructional material provided by the AAC, students will master a variety of concepts, including the terminology of mathematics and algebra, simplifying open expressions, solving algebraic equations and other concepts. An Academic Achievement Center instructor will be available to work with the student to establish specific instructional goals, administer tests and provide individualized instruction as needed to complete the student's program. This course does not fulfill degree requirements and is not federal aid eligible. 20 hrs./semester.

## AAC 114 Chemistry Preparation (1 Hour)

This self-instructional course is designed for students who need to learn or review the basic chemistry concepts. Based on the results of a pretest administered during the student's initial visit to the center, an individualized program is established. Using instructional material provided by the AAC, students will master a variety of concepts, including chemical symbols and formulas, valences, chemical equations, the metric system, units and dimensions, temperature, numbers in exponent form, significant figures, electrical charges, acids, bases, salts and solubility. An Academic Achievement Center instructor is available to work with the student to establish specific instructional goals, administer tests and provide individualized instruction needed to complete the student's program. This course does not fulfill degree requirements and is not federal aid eligible. 20 hrs./semester.

### AAC 115 College Skills Development (1 Hour)

This course is designed to improve student self-awareness and institutional awareness. Focus is on strengthening the student's ability to use campus resources and services, as well as improving self-awareness in terms of communication skills, aptitudes, interests, values pertaining to career/life decisions, and self-advocacy. This course does not fulfill degree requirements and is not federal aid eligible.

#### AAC 120 Individualized Study (1 Hour)

This self-instructional course is designed for students who want to improve in any of the following AAC areas: study skills, reading comprehension, reading rate, vocabulary improvement, advanced spelling, basic math, algebra preparation or chemistry preparation. Once the area of study has been determined, a pretest will be administered by the instructor and a program of study will be developed using materials provided by the AAC. An Academic Achievement Center instructor is available to work with students to establish specific goals, administer tests, and to provide individualized instruction needed to complete the student's program. This course does not fulfill degree requirements and is not federal aid eligible. 20 hrs./semester.

#### AAC 125 College/Life Success (3 Hours)

This is a course designed to introduce the skills necessary for college and career success. The purpose is to assist students in identifying and integrating strengths, individual personality type, learning style and study strategies into their college and life experiences. 3 hrs. lecture/wk.

## AAC 135 Career and Life Planning (3 Hours)

This course helps students make decisions about their college majors, careers and other life goals. It emphasizes career research as a tool for making current career decisions and meeting changes in the future workplace. Students learn a systematic approach for making career and life decisions based on their personalities, interest, skills and values.

## AAC 150 Job Search Skills (1 Hour)

This class presents the skills students need to conduct an effective job search, including locating job leads, writing resumes, employment interviewing and job correspondence. Additionally, students will explore the importance of adapting to changes in the workplace to ensure their job survival and success. The class consists of lectures, activities, discussion and exercises in the career planning and job search process.