

# College Success (COLL)

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## Courses

### **COLL 135 Career and Life Planning (3 Hours)**

This course helps students make decisions about their college majors, careers and other life goals. It emphasizes career research as a tool for making current career decisions and meeting changes in the future workplace. Students learn a systematic approach for making career and life decisions based on their personalities, interests, skills, and values.

### **COLL 150 Job Search Skills (1 Hour)**

This class presents the skills students need to conduct an effective job search, including locating job leads, writing resumés, employment interviewing and job correspondence. Additionally, students will explore the importance of adapting to changes in the workplace to ensure their job survival and success. The class consists of lectures, activities, discussion and exercises in the career planning and job search process.

### **COLL 174 Learning Strategies for Math (1 Hour)**

This course teaches thinking and study skills specifically geared toward the learning of math. Students practice these skills on their math textbooks and homework assignments as well as in their math class discussions and lectures. This course also addresses feelings and attitudes that may block math learning and offers strategies and techniques designed to overcome these feelings. College Success courses offer students opportunities to acquire the thinking and learning skills needed to be a successful learner, including reading textbooks, taking notes, organizing information and preparing for tests.

### **COLL 176 College Study Strategies (1 Hour)**

Upon completion of this course, students will be able to apply a series of strategies for processing college-level information from textbooks and lectures including effective test preparation and taking tests. As the strategies are introduced, students apply them to the content of courses in which they are concurrently enrolled. Upon successful completion of the course, students will have developed a system for learning that can be adapted for use in any learning situation. College Success courses offer students opportunities to acquire the thinking and cognitive skills needed to be a successful learner, including reading textbooks, taking notes, organizing information, and preparing for tests.

### **COLL 178 Memory Strategies (1 Hour)**

In this course, students learn a series of techniques to help them improve their retention and recall of information needed for success in college courses. These techniques provide a systematic approach to learning and remembering. Students immediately use the techniques to learn information from their other college courses. College Success courses offer students opportunities to acquire the thinking and learning skills needed to be a successful learner, including reading textbooks, taking notes, organizing information and preparing for tests.

### **COLL 186 Exam Strategies (1 Hour)**

This course offers students an opportunity to explore their own learning styles and to develop appropriate strategies for improving test performance through improved learning procedures. Emphasis will be on practical application of the learned strategies to courses in which the students are concurrently enrolled. College Success courses offer students opportunities to acquire the thinking and learning skills needed to be a successful learner, including reading textbooks, taking notes, organizing information and preparing for tests.

### **COLL 200 College Success Strategies (3 Hours)**

This course provides students with opportunities to develop skills and habits that will help them establish and maintain effective learning systems. Students first learn and practice the learning methods in class and then apply these methods to appropriate situations in their other college coursework. The methods, which are based on valid learning and thinking principles, will help students meet the higher-level demands of the subjects encountered in college courses. College Success courses offer students opportunities to acquire the thinking and learning skills needed to be a successful learner, including reading textbooks, taking notes, organizing information and preparing for tests.

### **COLL 235 Experiential Career Practicum (1-2 Hour)**

This course will focus on the application of academic knowledge, skills, and understanding to experiences as a developing professional in the workplace. Focusing on an occupational area of interest, students will build strategies to incorporate career development with internship, job shadowing, service learning, and/or leadership experiences. This course will require students to attend class sessions focused on the practical application of career strategies, as well as participate in experiential learning in the community. Students will be required to self-evaluate and complete a competency project based on their experiential learning opportunities.