

## Health Studies, BS

### University of Central Missouri

Johnson County Community College Transfer Program to the University Central Missouri	Karen Doyle, Ph.D., ACSM, CEP
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Health Studies, BS	kmdoyle@ucmo.edu
Academic Year 2025-2026	<a href="https://www.ucmo.edu/academics/programs/majors/chst/nutritionkinesiology-and-health/healthstudies/health-studiesbs/index.php">https://www.ucmo.edu/academics/programs/majors/chst/nutritionkinesiology-and-health/healthstudies/health-studiesbs/index.php</a>

#### Program Description

The Associate of Arts degree (A.A.) (<https://catalog.jccc.edu/archives/2025-26/degree/requirements/associate-arts/>) at JCCC is a general transfer degree and partners well with the first two years of most bachelor degree programs. Students who transfer to UCM with an Associate of Arts degree are considered to have met all 42 hours of UCM's General Education requirements, with the exception of Major/Minor-Required General Education courses and the Constitution Requirement. Visit the UCM General Education Program guide (<https://nam12.safelinks.protection.outlook.com/?url=http%3A%2F%2Fnextcatalog.jccc.edu%2Ftransfer-guides%2Fcentral-missouri%2Fcentral-missouri-general-education%2F&data=05%7C02%7Cskhalif2%40jccc.edu%7C3bbbe8fc84564328cf7008de1320415e%7C15244239dcf245e7aefd127b69fc5438%7C1%7C0%7C638969226426500133%7CUnknown%7CTWFPbGZsb3d8eyJFbXB0eU1hcGkiOnRydWUslYiOilwLjAuMDAwMCIsIIAiOjXaW4zMlslkFOljoITWFPbClslldUljoyfQ%3D%3D%7C0%7C%7C&sdata=2fEwF%2FitGtEBAX4dsIJ2vihW0Lf5GJaDs7z4GtDDwc8%3D&reserved=0>) for details. The elective hours within the A.A. allow students to complete additional general education and lower division courses required for specific majors/minors. Students who transfer to UCM without a degree (or a degree other than an AA) will have all coursework evaluated on a course-by-course basis. JCCC students not completing the AA degree should visit the UCM General Education Program guide (<https://nam12.safelinks.protection.outlook.com/?url=http%3A%2F%2Fnextcatalog.jccc.edu%2Ftransfer-guides%2Fcentral-missouri%2Fcentral-missouri-general-education%2F&data=05%7C02%7Cskhalif2%40jccc.edu%7C3bbbe8fc84564328cf7008de1320415e%7C15244239dcf245e7aefd127b69fc5438%7C1%7C0%7C638969226426500133%7CUnknown%7CTWFPbGZsb3d8eyJFbXB0eU1hcGkiOnRydWUslYiOilwLjAuMDAwMCIsIIAiOjXaW4zMlslkFOljoITWFPbClslldUljoyfQ%3D%3D%7C0%7C%7C&sdata=2fEwF%2FitGtEBAX4dsIJ2vihW0Lf5GJaDs7z4GtDDwc8%3D&reserved=0>) for course equivalents and also the UCM catalog for any specific or additional General Education requirements for their UCM program of study.

NOTE: Courses taken to fulfill General Education requirements may not be taken on the pass/fail basis. Students should be cognizant of UCM's Upper-Level Course Requirement and Residence Requirement, especially if enrolling in more than 60 hours at JCCC. Visit the UCM General Education Program guide (<https://nam12.safelinks.protection.outlook.com/?url=http%3A%2F%2Fnextcatalog.jccc.edu%2Ftransfer-guides%2Fcentral-missouri%2Fcentral-missouri-general-education%2F&data=05%7C02%7Cskhalif2%40jccc.edu%7C3bbbe8fc84564328cf7008de1320415e%7C15244239dcf245e7aefd127b69fc5438%7C1%7C0%7C638969226426500133%7CUnknown%7CTWFPbGZsb3d8eyJFbXB0eU1hcGkiOnRydWUslYiOilwLjAuMDAwMCIsIIAiOjXaW4zMlslkFOljoITWFPbClslldUljoyfQ%3D%3D%7C0%7C%7C&sdata=2fEwF%2FitGtEBAX4dsIJ2vihW0Lf5GJaDs7z4GtDDwc8%3D&reserved=0>) for details.

The Health Studies, BS degree requires a minimum of 120 credit hours.

*It is the STUDENT'S RESPONSIBILITY to check for updates to all transfer information. This transfer guide is provided as a service and is updated as needed. Degree requirements at the four-year colleges are subject to change by those institutions. To ensure you have the most accurate information about the program, you must meet with an advisor at the transfer institution.*

## Program Requirements

### General Education Requirements with JCCC Equivalents

All students must complete a minimum of 42 credit hours in general education. The following general education courses are required by this major. Grade of "C" or better required.

Course Code Code	Course Title Title	Course Hours	Transfer Code Hours	Transfer Title	Transfer Hours
<b>Select one of the following:</b>					
CHEM 122	Principles of Chemistry* +	5	CHEM 1104	General Chemistry I	4
CHEM 124 & CHEM 125	General Chemistry I Lecture* and General Chemistry I Lab* +	4	CHEM 1131	General Chemistry I	5
HPER 202	Personal Community Health +	3	HLTH 1100	Personal Health	3
PSYC 130	Introduction to Psychology +	3	PSY 1100	General Psychology	3
PSYC 218	Human Development* +	3	PSY 3220	Life-Span Development	3

### Health Studies Major Requirements (76-77 hours) with JCCC Equivalents

Course Code Code	Course Title Title	Course Hours	Transfer Code Hours	Transfer Title	Transfer Hours
BIOL 140	Human Anatomy +	4	BIOL 3401	Human Anatomy	3
BIOL 225	Human Physiology* +	4	BIOL 3402	Human Physiology	5
BIOL 235	The Science of Human Nutrition* +	3	NUTR 3340	Nutrition	
CJ 170	Drugs and Crime +	3	HLTH 4310	Drugs: Addiction to Recovery	
COMS 120	Interpersonal Communication +	3	COMM 2010	Interpersonal Communication	3
HC 130	Medical Terminology for Healthcare Professions +	3	BIOL 3215	Medical Terminology	2-3
PSYC 210	Research Methods in Psychology* +	3	PSY 3100	Research Methods	

- \* JCCC course has a prerequisite or corequisite.
- + Grade of "C" or better required.