

Physical Education Plus, BSE

University of Kansas

Johnson County Community College Transfer Program to the University of Kansas	School of Education & Human Sciences
School of Education and Human Sciences	785-864-3726
Physical Education Plus (B.S.E.)	soehsambassadors@ku.edu
Academic Year 2025-2026	http://www.soehs.ku.edu/

Program Description

The Associate of Arts, AA (<https://catalog.jccc.edu/archives/2025-26/degreerequirements/associate-arts/>) at JCCC is a general transfer degree and partners well with the first two years of most bachelor degree programs. Students pursuing the AA may select courses that satisfy both the AA degree requirements and lower division requirements for a bachelor's degree at four-year institutions. The elective hours within the AA allow students to complete additional general education and lower division courses required for specific majors. The AA degree requires completion of 60 credit hours. Meeting with a JCCC counselor (<https://www.jccc.edu/student-resources/counseling/academic-counseling/>) is strongly recommended for selection of appropriate courses.

Admission Requirements

- The Physical Education Plus program prepares individuals to meet requirements for a physical education teaching endorsement in the state of Kansas and prepare them to pursue endorsement in an additional secondary field such as Applied Sport and Exercise Psychology; Health; Middle-level Math; Middle-level Science; English; Speech/Theatre; or psychology; or complete a minor in Sport Management or Business.
- Students can be admitted into PE Plus as transfer students if they are admitted to KU, declare PE Plus as their major, and meet the following criteria:
 - A KU + Transfer Cumulative GPA of at least 2.75
- Students must meet requirements to begin and progress through professional coursework blocks. Visit Transition Points #1-#4 (<https://catalog.ku.edu/education/curriculum-teaching/bse-secondary-education/#degreerequirementstext>) for more information.
- Minimum grades are required in some specific designated PE Plus courses.
- A maximum of 75 hours may be transferred to KU from community colleges. Students should be aware that 45 junior/senior credit hours are required for completion of the bachelor's degree; 30 of those hours must be at KU; and community college courses do not transfer as junior/senior hours.
- Only 6 hours of Credit/No Credit is allowed for general education courses. A student cannot take a class Credit/No Credit for any major requirement.
- Minimum total hours for graduation is 120.
- Students transferring to KU, that complete the General Education requirements required for the Associate of Arts (AA) (<https://catalog.jccc.edu/archives/2025-26/degreerequirements/associate-arts/>), Associate of Fine Arts (AFA) (<https://catalog.jccc.edu/archives/2025-26/degreerequirements/associate-fine-arts/>) or Associate of Science (AS) (<https://catalog.jccc.edu/archives/2025-26/degreerequirements/associate-science/>) degree from JCCC will be considered to have satisfied KU's Core 34 general education curriculum.
- Students who transfer to KU, without completing the General Education requirements required for the Associate of Arts (AA) (<https://catalog.jccc.edu/archives/2025-26/degreerequirements/associate-arts/>), Associate of Fine Arts (AFA) (<https://catalog.jccc.edu/archives/2025-26/degreerequirements/associate-fine-arts/>) or Associate of Science (AS) (<https://catalog.jccc.edu/archives/2025-26/degreerequirements/associate-science/>) degree will have courses evaluated on a course-by-course basis toward meeting KU requirements. To learn more about courses that satisfy KU Core 34 Requirements (<https://catalog.ku.edu/core34/>) and KU CredTran (<https://creditransfer.ku.edu/>).
- Visit the KU Core 34 General Education guide (<https://nam12.safelinks.protection.outlook.com/?url=http%3A%2F%2Fnextcatalog.jccc.edu%2Ftransfer-guides%2Fku%2Fku-general-education&data=05%7C02%7Cskhalif2%40jccc.edu%7C506a4b607ca34eaa00fb08de158ef1c2%7C15244239dcf245e7aefd127b69fc5438%7C1%7C0%7C638971900858599422%7CUnknown%7CTWfPbGZsb3d8eyJFbXB0eU1hcGkiOnRydWUslIYiOiIwLjAuMDAwMCIslIAiOiJXaW4zMilslkFoljoiTWfPbCislIdUljoyfQ%3D%3D%7C0%7C%7C%7C&sdata=b2O9VaVq9VFjN8MJkWQ4YCl60oq5GZXnn69Vpa2sSL0%3D&reserved=0>) for JCCC equivalents.

It is the STUDENT'S RESPONSIBILITY to check for updates to all transfer information. This transfer guide is provided as a service and is updated as needed. Degree requirements at the four-year colleges are subject to change by those institutions. To ensure you have the most accurate information about the program, you must meet with an advisor at the transfer institution.

KU Core 34 & Program Requirements

Must complete with 2.75 GPA for transition to Professional Blocks.

KU Core 34 Requirements

Course Code	Course Title	Course Hours	Transfer Code	Transfer Title	Transfer Hours
Code	Title	Hours			
KU Core 34 English (https://catalog.jccc.edu/transfer-guides/ku/ku-transfer-core34/)					
Select one of the following:					
ENGL 121	Composition I* +	3	ENGL 101	Composition	
ENGL 119	College Composition I with Review* +	5	ENGL 101	Composition	3
ENGL 122	Composition II* +	3	ENGL 102	Critical Reading and Writing	3

KU Core 34 Communications (<https://catalog.jccc.edu/transfer-guides/ku/ku-transfer-core34/>)

COMS 121	Public Speaking +	3	COMS 130	Public Speaking	
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KU Core 34 Math and Statistics (<https://catalog.jccc.edu/transfer-guides/ku/ku-transfer-core34/>)

MATH 171	College Algebra* +	3	MATH 101	College Algebra	3
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KU Core 34 Natural and Physical Sciences (lab required) (<https://catalog.jccc.edu/transfer-guides/ku/ku-transfer-core34/>)

BIOL 121	Introductory Biology for Non-Majors +	4	BIOL 100 & BIOL 102	Principles of Biology and Principles of Biology Lab	4
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KU Core 34 Social and Behavioral Sciences (<https://catalog.jccc.edu/transfer-guides/ku/ku-transfer-core34/>)

PSYC 130	Introduction to Psychology +	3	PSYC 104	General Psychology	3
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SOC 122	Introduction to Sociology +	3	SOC 104	Elements of Sociology	3
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KU Core 34 Arts and Humanities (<https://catalog.jccc.edu/transfer-guides/ku/ku-transfer-core34/>)

Visit the KU Core 34 Arts and Humanities (<https://catalog.jccc.edu/transfer-guides/ku/ku-transfer-core34/>) for JCCC equivalents. (Select two courses in two different disciplines) 6

KU Core 34 US Culture (<https://catalog.jccc.edu/transfer-guides/ku/ku-transfer-core34/>)

Visit the KU Core 34 US Culture (<https://catalog.jccc.edu/transfer-guides/ku/ku-transfer-core34/>) for JCCC equivalents. Institutionally Designated 3

KU Core 34 Global Culture (<https://catalog.jccc.edu/transfer-guides/ku/ku-transfer-core34/>)

Visit the KU Core 34 Global Culture (<https://catalog.jccc.edu/transfer-guides/ku/ku-transfer-core34/>) for JCCC equivalents. Institutionally Designated 3

Pre-Professional Requirements

Course Code	Course Title	Course Hours	Transfer Code	Transfer Title	Transfer Hours
EDUC 121	Introduction to Teaching*	3	CT 100	Intro to Education Profession	3
HPER 245	Health and Physical Education for the Elementary Classroom Teacher	3	HSES 214	Phys Ed Act for Element 2 School	

HSES 108 Basic Skill Instruction (one hour): One course must be weight or strength-training. Choose two courses from: HPER 130, 134, 135, 240. Visit JCCC HPER courses (<https://catalog.jccc.edu/archives/2025-26/coursedescriptions/hper/>) for more information.

Professional Block Requirements

Course Code Code	Course Title Title	Course Hours	Transfer Code Hours	Transfer Title	Transfer Hours
BIOL 140	Human Anatomy (Professional Block 1)	4	BIOL 240	Fundamentals of Human Anatomy	3
EDUC 220	Survey of the Exceptional Child* (Professional Block 1)	3	SPED 326	Tchng Excep Chld/Yth Gen Educ	3
EDUC 221	Diversity, Equity and Inclusion for K-12 Educators (Professional Block 2)	3	CT 235	Cultural DEI K-12 Schools	3
EDUC 224	Technology in Education for K-12 Educators (Professional Block 2)	3	CT 302	Educ Tech in Middle/ Secnd Educ	3
HPER 215	Introduction to Exercise Science (Professional Block 1)	3	HSES 269	Intro to Exercise Science	3

Select 18 credit hours from the following list of electives and minors.

Courses used to satisfy KU Core 34 or Professional Courses may not count toward 18 credit hour requirement.

Applied Sport and Exercise Psychology Minor Electives

Course Code Code	Course Title Title	Course Hours	Transfer Code Hours	Transfer Title	Transfer Hours
Select one of the following:					
PSYC 215	Child Development*	3	EPSY 305	Developmnt/Learning of Child	3
PSYC 218	Human Development*	3	EPSY 306	DevelopmntLearng of Adolescent	3

English (5-8 or 6-12) Electives

Course Code Code	Course Title Title	Course Hours	Transfer Code Hours	Transfer Title	Transfer Hours
Select one of the following:					
ENGL 230	Introduction to Fiction*	3	ENGL 209	Introduction to Fiction	3
ENGL 227	Introduction to Poetry*	3	ENGL 210	Introduction to Poetry	3
Select one of the following:					
ENGL 246	American Literature I*	3	ENGL 320	American Literature I	3
ENGL 247	American Literature II*	3	ENGL 322	American Literature II	3

Health (PK-12) Electives

Course Code Code	Course Title Title	Course Hours	Transfer Code Hours	Transfer Title	Transfer Hours
Select one of the following:					
BIOL 235	The Science of Human Nutrition* #	3	HSES 330	Princ of Nutrition Health	3
DIET 151	Nutrition and Meal Planning #	3	HSES 330	Princ of Nutrition Health	3

HPER 202	Personal Community Health #	3	HSES 260	Personal and Community Health	3
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Middle-level Mathematics (5-8) Electives

Course Code Code	Course Title Title	Course Hours	Transfer Code Hours	Transfer Title	Transfer Hours
MATH 201	Statistics*	3	MATH 365	Elementary Statistics	3
MATH 231	Business and Applied Calculus I*	3	MATH 115	Calculus I	3

Middle-level Science (5-8) Electives

Course Code Code	Course Title Title	Course Hours	Transfer Code Hours	Transfer Title	Transfer Hours
GEOS 130	General Geology	5	GEOL 101	The Way The Earth Works	3

Psychology Electives

Course Code Code	Course Title Title	Course Hours	Transfer Code Hours	Transfer Title	Transfer Hours
PSYC 210	Research Methods in Psychology*	3	PSYC 200	Research Methods in Psychology	3
PSYC 215	Child Development*	3	PSYC 333	Child Development	3
PSYC 220	Social Psychology*	3	PSYC 360	Social Psychology	3

Speech/Theatre Electives

Course Code Code	Course Title Title	Course Hours	Transfer Code Hours	Transfer Title	Transfer Hours
COMS 130	Elementary Debate	3	COMS 230	Fundamentals of Debate	3

Business Minor Electives

It is recommended to connect with an advisor at KU to explore course options.

Course Code Code	Course Title Title	Course Hours	Transfer Code Hours	Transfer Title	Transfer Hours
BUS 241	Principles of Management	3	MGMT 310	Principles of Management	3
MKT 230	Marketing	3	MKTG 310	Marketing	3

Select two electives from the following:

ACCT 122	Accounting II*	3	ACCT 200	Fund of Financial Accounting	4
ACCT 222	Managerial Accounting*	3	ACCT 201	Managerial Accounting I	3
MATH 285	Statistics for Business*	4	BSAN 202	Statistics	3

Sport Management Minor Electives

No JCCC equivalent courses.

* JCCC course with registration requirements.

+ This course is a Recommended Core 34: Systemwide General Education course. This specific course is not required but is recommended by the program's faculty.

These classes are strongly encouraged if a student is pursuing the Health electives path.



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