

Exercise Science

University of Kansas

Johnson County Community College Transfer Program to the University of Kansas, Edwards Campus	Academic Success Navigators
School of Education	913#897#8539
Exercise Science, Bachelor of Science (BS); Exercise Science, Bachelor of Applied Science (BAS - Hybrid)	kuecservices@ku.edu
Academic Year 2025-2026	edwardscampus.ku.edu/overview-bachelors-exercise-science

Program Description

The Associate of Arts (AA) (<https://catalog.jccc.edu/degree requirements/associate-arts/>) degree is a general transfer degree and partners well with the first two years of most bachelor degree programs. Students pursuing the AA may select courses that satisfy both the AA degree requirements and lower division requirements for a bachelor's degree at four-year institutions. The elective hours within the AA allow students to complete additional general education and lower division courses required for specific majors. The AA degree requires completion of 60 credit hours. Meeting with a JCCC counselor (<https://www.jccc.edu/student-resources/counseling/academic-counseling/>) is strongly recommended for selection of appropriate courses.

- The Exercise Science B.S. degree is offered at the Lawrence and Edwards campuses.
- The Exercise Science B.A.S. degree is a Lawrence campus hybrid program. Many program courses are also offered through the KU Edwards campus.
- The Exercise Science program prepares individuals for careers in physical therapy, cardiac rehabilitation, and strength and conditioning.

Admissions Requirements

- Students can be admitted into the Exercise Science program as transfer students if they are admitted to KU, declare Exercise Science as their major, and meet the following criteria:
- A KU + Transfer Cumulative GPA of at least 2.75
- For information about initial admission to KU, visit the Office of Admissions. Visit the Office of International Support Services for information about international admissions.
- Prospective Exercise Science students should consult an advisor early in the first year to plan efficient programs of study.
- The following minors and certificates may be used as elective choices: Minor in Sport Management; Business; Psychology; Public and Population Health; Sport & Exercise Psychology; and Nutrition or a Certificate in Entrepreneurship; Sport & Exercise Psychology; Public and Population Health; and Nutrition. Any listed major may be declared and completed as 18 elective credit hours OR taken as individual courses toward the 15 required elective hours.
- A maximum of 75 hours may be transferred to KU from community colleges. Students should be aware that 45 junior/senior credit hours are required for completion of the bachelor's degree; 30 of those hours must be at KU; and community college courses do not transfer as junior/senior hours.
- Only 6 hours of Credit/No Credit is allowed for general education courses. A student cannot take a class Credit/No Credit for any major requirement.
- Minimum total hours for graduation is 120.
- Students transferring to KU, that complete the General Education requirements required for the Associate of Arts (AA), Associate of Fine Arts (AFA) or Associate of Science (AS) degree from JCCC will be considered to have satisfied KU's Core 34 general education curriculum.
- Students who transfer to KU, without completing the General Education requirements required for the Associate of Arts (AA), Associate of Fine Arts (AFA) or Associate of Science (AS) degree will have courses evaluated on a course-by-course basis toward meeting KU requirements. To learn more about courses that satisfy KU Core 34 Requirements and KU CredTran.
- Visit the KU Core 34 General Education guide (<https://nam12.safelinks.protection.outlook.com/?url=http%3A%2F%2Fnextcatalog.jccc.edu%2Ftransfer-guides%2Fku%2Fku-general-education&data=05%7C02%7Cskhalif2%40jccc.edu%7C506a4b607ca34eaa00fb08de158ef1c2%7C15244239dcf245e7aefd127b69fc5438%7C1%7C0%7C638971900858599422%7CUnknown%7CTWFPbGZsb3d8eyJFbXB0eU1hcGkiOnRydWUsIlYiOiwlJmMDAwMCIslIAiOiJXaW4zMlslklFoljoiTWFPbCIsIldUljoyfQ%3D%3D%7C0%7C%7C%7C&sdata=b2O9VaVq9VFjN8MJkWQ4YCl60oq5GZXnn69Vpa2sSL0%3D&reserved=0>) for JCCC equivalents.

Recommended JCCC courses for KU Edwards Bachelor of Science, Exercise Science

KU Core 34

Course Code	Course Title	Course Hours	Transfer Code	Transfer Title	Transfer Hours
Code	Title	Hours			
ENGL 121	Composition I* +	3	ENGL 101	College English I	3
ENGL 122	Composition II* +	3	ENGL 102 & ENGL 105	College English II and Honors Introduction to English	3
COMS 121	Public Speaking +	3	COMS 130	Public Speaking	
MATH 171	College Algebra* +	3	MATH 101	College Algebra	3
BIOL 121	Introductory Biology for Non-Majors +(Must have a minimum grade of "C-" or better)	4	BIOL 100/102	Principles of Biology+/Lab	
Visit the KU Core 34 Core 34 Social and Behavioral Sciences (https:// catalog.jccc.edu/transfer-guides/ku/ku- transfer-core34/) for JCCC equivalents. (Select two courses in two different disciplines – 6 hrs. total)		6			

PSYC 130	Introduction to Psychology	3	PSYC 104 & PSYC 105	General Psychology and General Psychology Honors	3
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Visit the KU Core 34 Arts and Humanities 6
 (<https://catalog.jccc.edu/transfer-guides/ku/ku-transfer-core34/>) for JCCC equivalents.
 (Select two courses in two different disciplines – 6 hrs. total)

PHIL 143	Ethics	3	PHIL 160 & PHIL 161	Introduction to Ethics and Intro to Ethics Honors	3
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Visit the KU Core 34 US Culture (<https://catalog.jccc.edu/transfer-guides/ku/ku-transfer-core34/>) for JCCC equivalents.

Visit the KU Core 34 Global Culture (<https://catalog.jccc.edu/transfer-guides/ku/ku-transfer-core34/>) for JCCC equivalents.

Program Requirements

Course Code	Course Title	Course Hours	Transfer Code	Transfer Title	Transfer Hours
Code	Title	Hours			
BIOL 140	Human Anatomy	4	BIOL 240/241 Fund. of Human Anatomy/Lab		
BIOL 225	Human Physiology*	4	BIOL 246/247 Prin. of Human Physiology/Lab		
BIOL 230 & BIOL 231	Microbiology* and Microbiology Lab*	3	BIOL 200/203 Basic Microbiology/Lab		
CHEM 124 & CHEM 125	General Chemistry I Lecture* and General Chemistry I Lab* (Transfer: CHEM 130 General Chemistry I)	4	CHEM 130 & CHEM 170 & CHEM 190 & CHEM 191	General Chemistry I and Chem for Chemical Sciences I and "Foundations of Chem I, Honors" and "Found of Chem I Lab, Hnrs"	2
CHEM 131 & CHEM 132	General Chemistry II Lecture* and General Chemistry II Lab*	4	CHEM 135	General Chemistry II	5
HPER 204	Care and Prevention of Athletic Injury	3	HSES 350	Care/Prevention Athletic Injur	3
HPER 215	Introduction to Exercise Science	3	HSES 269	Intro to Exercise Science	3
Select one of the following:					
MATH 172	Trigonometry* (OR)	3	MATH 103	Trigonometry	2
MATH 173	Precalculus* (OR)	5	MATH 104	Precalculus Mathematics	5
MATH 231	Business and Applied Calculus I* (OR)	3	MATH 115	Calculus I	3
MATH 241	Calculus I*	5	MATH 125 & MATH 145	Calculus I and "Calculus I, Honors"	4
PHYS 130	College Physics I*	5	PHSX 114	College Physics I	4
PHYS 131	College Physics II*	5	PHSX 115	College Physics II	4

Select 15 credit hours from the following list of electives, minors and certificates: (Courses used to satisfy KU Core 34 requirement may not count toward this 15 credit hour requirement)

Course Code	Course Title	Course Hours	Transfer Code	Transfer Title	Transfer Hours
Code	Title	Hours			
ANTH 160	Medical Anthropology	3	GIST 210	Culture and Health	3
BIOL 135	Principles of Cell and Molecular Biology	4	BIOL 150	Principles of Molecular Cellular Biology	
CHEM 220	Organic Chemistry I*	5	CHEM 330/331	Organic Chemistry I/Lab	
CHEM 221	Organic Chemistry II*	5	CHEM 335/336	Organic Chemistry II/Lab	

Select one of the following:

HC 130	Medical Terminology for Healthcare Professions	3	HEIM 230	Medical Terminology	
HC 130	Medical Terminology for Healthcare Professions	3	HSES 371	Medical Terminology	
MATH 201	Statistics*	3	MATH 365	Elementary Statistics	
PSYC 215	Child Development*	3	PSYC 333	Child Development	
SOC 122	Introduction to Sociology	3	SOC 104	Elements of Sociology	

A maximum of 6 credit hours of foreign language courses can be counted as required elective credit.

HSES advisor approval needed

Visit the JCCC Foreign Language courses. (<https://catalog.jccc.edu/coursedescriptions/fl/>)

- * JCCC course has a prerequisite or corequisite.
- + This course is a Recommended Core 34: Systemwide General Education course. This specific course is not required but is recommended by the program's faculty.
 To view which JCCC courses are offered online, please see Online Learning (<https://www.jccc.edu/online-learning/>).
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